

WHAT TO DO IF YOU HAVE BEEN DIAGNOSED WITH MPOX



People who have mpox should isolate at home. For those with an active rash or other symptoms, stay in a room or area separate from family and pets when possible. You are considered contagious until the rash has fully healed and a fresh layer of skin has formed. It can take 2-4 weeks to completely recover.



Call your healthcare provider with questions or to see if treatment is appropriate.



Call Liz Svoboda, Chief Epidemiologist, at the Cleveland Department of Public Health at 216-664-7499 after being diagnosed if you have questions about isolation.

